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FOR IMMEDIATE RELEASE

Authentic Ghanaian Cuisine Luncheon Hosted by The Ghana Cookbook Author

STATE COLLEGE, Pa. — Fran Osseo-Asare, author of “The Ghana Cookbook”, is hosting a luncheon event from 11 a.m. to 1 p.m. Friday, Nov. 13 at New Leaf Initiative in downtown State College. Attendees will have the opportunity to cook and taste authentic Ghanaian cuisine while conversing with the author.

The venue will be open to the public and cooking demonstrations will take place with Osseo-Asare sharing her knowledge on Ghanaian cuisine. Copies of “The Ghana Cookbook” will be offered for sale at the event at a 10 percent discount off the retail price of \$19.95. The Ghana Cookbook will be on sale starting Nov. 9.

Osseo-Asare is an expert in Ghanaian cuisine. A sociologist and member of the International Association of Culinary Professionals, she founded and edits her website and blog, Betumi. After three decades of experiences, Osseo-Asare created the website due to her frustration with society’s failure to fully appreciate Ghanaian culinary history and contributions. Osseo-Asare will share her knowledge of Ghanaian cuisine with the public Nov. 13.

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